



# W W J D

## “Walking With Jesus Daily”

### ***2017 Fall Walking Challenge of the Diocese of Victoria***

#### **General Rules/Instructions**

- You must be a priest, seminarian, full-time employee or spouse insured through the diocesan health insurance plan to participate
- The challenge is 61 days long (October & November )
- After registering and setting up new Fitbit One device (where applicable), you **MUST** accept the invitation via Fitbit to join the “WWJD Fall 2017” group and also accept the friend request via Fitbit from “Chancery B.”
- Abide by all deadlines for registration and setup
- You must sync your Fitbit device daily, or at least weekly

#### **Registration - DOV**

- You must register using attached form to participate. Send via fax 361-827-7173, email: [cbusiness@victoriadiocese.org](mailto:cbusiness@victoriadiocese.org) , or mail: DOV Bus Office, P.O. Box 4070, Victoria, TX 77903
- You will receive a confirmation email from the Chancery Business office upon registering.
- Registration begins NOW and ends **09/22/2017 – NO EXCEPTIONS!**
- Registration is required to receive your Fitbit One device, if you don’t already have one. If you need to replace a defective device from a previous challenge, you must contact the Chancery Business Office before returning the defective device.

#### **Setting up your device – NEW PARTICIPANTS**

- Set up your Fitbit One device by following the instructions with your Fitbit or using the Fitbit App on your mobile device. Last day to set up device is **9/29/2017 - NO EXCEPTIONS!**
- After setting up your Fitbit device **you MUST contact the business office** at 361-573-0828 or [cbusiness@victoriadiocese.org](mailto:cbusiness@victoriadiocese.org) so that you can be invited to join our Fitbit WWJD Community and become a “friend” to Chancery B. through Fitbit.

#### **Rewards**

- Participants must average 3,000 steps per day (or 183,000 steps over 2 months) to receive the Fitbit at no charge.
- If participants average 7,500 steps per day, (or 427,000 steps over 2 months) you will receive \$90.00.
- If participants average 10,000 steps per day, (or 610,000 steps over 2 months) you will receive \$150.00.

#### **Key Points**

- Registration with DOV begins NOW and ends 9/22/2017.
- Join Fitbit Community Group “WWJD Fall 2017” and accept Friend Request from “Chancery B” by 9/29/2017.
- Walking challenge begins 10/1/2017, 12 AM and ends 11/30/2017, midnight.
- Sync device daily or at least weekly.
- **New participants only : If you do not average at least the 3,000 steps/day (or 183,000 over 2 months) you will have to return your device and all accessories to DOV or reimburse the DOV \$90.**
- **For those not able to participate in a physical challenge, contact Mike Brown at [mbrown@victoriadiocese.org](mailto:mbrown@victoriadiocese.org) for details on a non-physical challenge.**