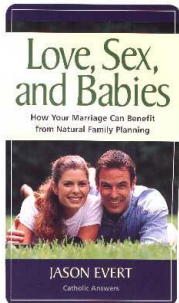




# Family Life Information

## New Resources regarding Natural Family Planning.

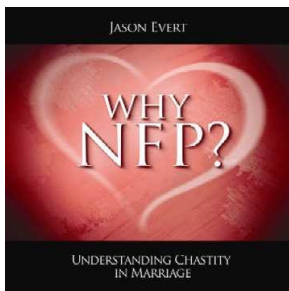


As you know, today's engaged and married couples often have little understanding as to what the Church means by "chastity in marriage." They struggle to see why the Church opposes contraception and as a result, their marriages often suffer.

Pope John Paul II said that as the family goes, so goes the world. Therefore, if marriages are not strong, civilizations will only decay. Two new resources are now available for Catholic Answers that may help your parish family life ministry.

In an accessible question-and-answer format, Catholic Answers apologist Jason Evert explains the biological, spiritual, and emotional benefits of NFP. ***Love, Sex and Babies*** will help readers understand God's plan for the gift of their sexuality and the many graces of natural family planning, helping them build stronger marriages and thus stronger families.

Natural family planning (NFP) is 99 percent effective in accurately spacing births, and it has other powerful benefits -- including a divorce rate below 3 percent for couples who practice it. These resources can be found at [www.pureloveclub.com](http://www.pureloveclub.com) or by calling 1-888-291-8000. Samples of these resources are available in the Office of Youth Ministry.



### Natural Family Planning instructors in our area:

Bilingual Sessions (English/Spanish) sessions of the Sympto-Thermal Method contact Rene and Wilma Galvan at 361-972-5030. They are available for counseling and classes. Introduction sessions on the Creighton Model Ovulation Method are offered in the Wharton/East Bernard area. Please call Melissa Morse at 979-335-7306 for more information. For sessions in the Victoria area, contact Rudy and Stella De Los Santos at 361-573-2624.